

# Your health plan now includes a yearly eye exam for a \$20 copay

Regular eye exams provide a unique opportunity to find and detect serious health conditions like high blood pressure, heart disease, and diabetes, so we are including a comprehensive eye exam in your medical coverage. Discovering these conditions early on when they are easier to treat can help keep you healthier and lower your healthcare costs.

**This eye exam is included for a \$20 copay through your medical plan.**

## Expanded benefits to cover your whole health

195,000+ people were identified with a high-risk health condition through an Anthem vision claim in 2022.<sup>1</sup>

**This eye exam is offered through Anthem's Blue View Vision network**

- Dedicated vision providers with proven expertise
- More than 42,000 eye doctors<sup>2</sup> to choose from
- 32,000+ locations<sup>2</sup> nationwide, including independent optometrists and ophthalmologists, and vision retail stores



<sup>1</sup> Anthem internal data, 2023.

<sup>2</sup> Zelis Network360 data, January 2023.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2023

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### Details of your new benefit

Your new eye exam is all-inclusive with dilation and refraction. The benefit can be used once during each calendar or plan year. This plan also provides discounts on glasses and contacts at in-network eye care providers.

For more information, refer to your health plan benefit information or contact your human resources department. Or visit [anthem.com/ca](https://www.anthem.com/ca) or download the **Sydney<sup>SM</sup> Health** app for benefit information when and where you need it.

