

# Aetna

## Helpful Information and Resources

<b><i>Find Network Providers</i></b>	The most up to date listing of physicians, specialists and hospitals.
<b><i>Pharmacy Services</i></b>	Rx Home Delivery - Specialty Pharmacy - Get extra support with your pharmacy coverage - Support for some complex health conditions - Look up a medicine
<b><i>Aetna Discounts and Savings</i></b>	Savings on eyewear, exams, gyms, health coaching, massage, hearing aids and exams.
<b><i>Member Services</i></b>	Benefits questions, claims inquiries, ID card requests, and primary card (PCP) changes.
<b><i>Member Mobile App</i></b> <i>Your Benefits, Your Way</i>	Manage your health care at home or on the go. Stay on top of your benefits - Connect to care
<b><i>Preventive Care</i></b>	Get checkups, screenings, vaccines, prenatal care, contraceptives and more with no out-of-pocket costs
<b><i>Mental Well-Being</i></b> <i>Telehealth</i>	With telehealth and virtual mental well-being programs, you have another way to get the help you need from providers that are part of your network.
<b><i>Teladoc</i></b>	<i>Teladoc</i> gives you 24/7/365 access to U.S. board certified doctors through the convenience of phone or video consults.
<b><i>MinuteClinic</i></b>	<i>MinuteClinic</i> services are at no-cost or lower-cost to Aetna members. Get care 7 days a week - Choose in-person and virtual care Treat a variety of conditions, illnesses and injuries
<b><i>Simple Steps</i></b> <i>You've Got This</i>	<i>Simple Steps</i> to a Healthier Life online health coaching. Your goals - Your schedule - Your pace
<b><i>Glossary of Health Coverage</i></b> <i>and Medical Terms</i>	This document is a required employee handout due to the Affordable Care Act.