

Anthem Blue Cross

Helpful Information and Resources

<p>Looking for a Doctor?</p>	<p>The most up to date listing of physicians, specialists and hospitals. Instructions</p>
<p>Pharmacy Information</p>	<p>Drug list search - Rx Networks Rx prior authorization - Drug Alerts - Group Medicare Drug list</p>
<p>Refill by Mail <i>Pharmacy Home Delivery</i></p>	<p>Getting started with Rx home delivery.</p>
<p>Member Services</p>	<p>Claims: 855-383-7248 Pharmacy retail: 866-297-1013</p>
<p>Get an ID Card</p>	<p>Printing your temporary ID card is easy and takes only a few minutes. You can print a temporary ID card online at anthem.com/ca/account-login.</p>
<p>Access Your Benefits Online</p>	<p>Log in to your member account or register with anthem.com/ca to access your benefits.</p>
<p>Sydney Health <i>Mobile Application</i></p>	<p>With the Sydney Health mobile app, you can access your medical, pharmacy, dental, vision, life and disability benefit details in one place. Also featuring: Member Services, Virtual Care, My Health Dashboard, Live Chat and My Health Records</p>
<p>Take Care of Yourself <i>Use Your Preventive Care Benefits</i></p>	<p>Preventive care services are covered at no cost, even before you meet the plans deductible, as long as you obtain the services from a network provider. Visit our website at anthem.com/ca, select Health & Wellness.</p>
<p>Health and Wellness Programs <i>Programs and Services Available to Anthem Members</i></p>	<p>Anthem Health Guide - 24/7 NurseLine - Anthem Health Rewards - Behavioral Health Case Management - ConditionCare - Employee Assistance Program - Future Moms - Healthy Lifestyles - MyHealth Coach - Estimate Your Cost - Find Urgent Care - Health Assessment</p>
<p>BlueCard PPO Program <i>Take Your Benefits with You</i></p>	<p>If you're away from home the BlueCard Program travels with you.</p>
<p>Resource Advisor</p>	<p>When you feel pressure from everyday problems like work-related stress or family issues, Resource Advisor can help you get emotional, legal and financial support.</p>
<p>EAP <i>Employee Assistance Program</i></p>	<p>Available 24/7, 365 days a year When something unexpected happens, count on your EAP to be ready with the support you need.</p>
<p>Save Money <i>With SpecialOffers and Discounts</i></p>	<p>Discount programs available to members at anthem.com/ca</p>
<p>Glossary of Health Coverage and Medical Terms</p>	<p>This document is a required employee handout due to the Affordable Care Act.</p>