



HOW TO LOOK UP A DENTAL PROVIDER

DPPO

- Go to www.myuhc.com
- Select “Find a Dentist” on the right hand side
- Select “NATIONAL OPTIONS PPO 20” or “NATIONAL OPTIONS PPO 30”

Options 30 designates UCR/ Options 20 designates MAC/INO plan networks

- Enter in search criteria
- Print or e-mail the provider list

DHMO

- Go to www.myuhc.com
- Select “Find a Dentist” on the right hand side
- Select “CA SELECT MANAGED CARE DHMO PLAN”
- Enter search criteria
- Print or e-mail the provider list

Pediatric Dentist instructions

- Use the National Options PPO 30 network for PPO medical plans. For Pediatric dentistry please select *Pediatric Dentist* under “Specialty”.
- Use the CA Select Managed Care DHMO network for HMO medical plans. For Pediatric dentistry please select *Pediatric Dentist* under “Specialty”.

How to Look Up a Vision Provider

- Go to www.myuhcvision.com
- On the bottom left search by zip under “Provider Quick Search”