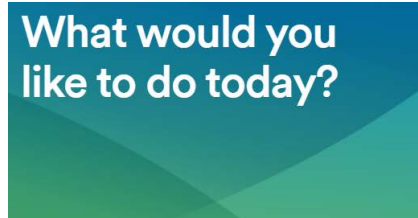


Find a PPO Dental Provider

With MetLife Dental insurance, you can choose from thousands of general dentists and specialists nationwide. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.

Step 1:

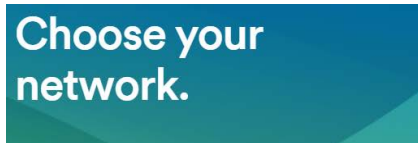
Visit www.metlife.com and select "Find a Dentist"



Find a Dentist	Find a Vision Provider
Find an Agent	Find a Form
Find Broker Resources	Find an Unclaimed Policy

Step 2:

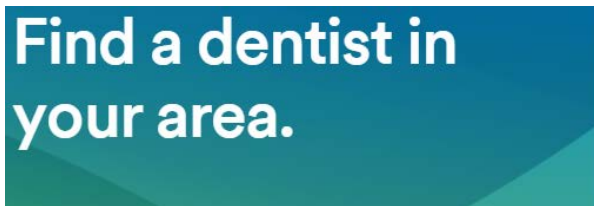
Select your Network "PDP Plus"



PDP	PDP Plus
Dental HMO/Managed Care	Federal Dental (FEDVIP)

Step 3:

Enter the Zip, City or State you wish to search



Enter Zip, City or State

FIND A DENTIST

Step 4:

Use the Advanced Search option to locate a dentist by name, language spoken, specialty or gender.

Find it Fast

All fields are required unless noted.

Your Network PDP Plus	ZIP code 92614	Dentist or Practice Name (optional)
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[Need help finding your network?](#)

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.