

Find a Dental Provider



MetLife

With MetLife Dental insurance, you can choose from thousands of general dentists and specialists nationwide. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.

Step 1: Go to www.metlife.com/dental

Step 2: Select Find a Dentist

Enter your ZIP Code and select your network.

Find a Dentist

[Don't know your network?](#)

[Advanced Search](#)

Step 3: Advanced Search

Use the Advanced Search option to locate a dentist by name, language spoken, specialty or gender.

More Search Options

<p>Dentist Last Name: <input type="text"/></p> <p>Language Spoken in Office: <input type="text" value="Select a Language"/></p> <p>Specialty: <input type="text" value="All"/></p> <p>Have Special Needs? <input type="checkbox"/> <input style="font-size: 0.8em; border: 1px solid #ccc; padding: 2px 5px; vertical-align: middle;" type="button" value="?"/></p>	<p>Dental Practice Name: <input type="text"/></p> <p>Gender: <input type="text" value="No Preference"/></p> <p>Sort By: <input type="text" value="Distance"/></p> <p>Only show office accepting new patients? <input checked="" type="checkbox"/></p>
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Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

Find a Participating Dentist in the Dental HMO/Managed Care plan



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The Dental HMO/Managed Care plan's network includes both private practice dentists and those who are in a clinic environment. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.

Step 1: Go to www.metlife.com/dental

Step 2: Select Find a Dentist

Enter your ZIP Code and select the Dental HMO/Managed Care network.

Find a Dentist

[Don't know your network?](#)

[Advanced Search](#)

Step 3: Enter the Plan Name

The plan name is located in your Schedule of Benefits.

Plan Name*

Enter or select your plan name:

Dental Managed Care Plan benefits are provided by Metropolitan Life Insurance Company, a New York corporation in NY. Dental HMO plan benefits are provided by: SafeGuard Health Plans, Inc., a California corporation in CA; SafeGuard Health Plans, Inc., a Florida corporation in FL; SafeGuard Health Plans, Inc., a Texas corporation in TX; and MetLife Health Plans, Inc., a Delaware corporation and Metropolitan Life Insurance Company, a New York corporation in NJ. The Dental HMO/Managed Care companies are part of the MetLife family of companies. "DHMO" is used to refer to product designs that may differ by state of residence of the enrollee, including but not limited to: "Specialized Health Care Service Plans" in California; "Prepaid Limited Health Service Organizations" as described in Chapter 636 of the Florida statutes in Florida; "Single Service Health Maintenance Organizations" in Texas; and "Dental Plan Organizations" as described in the Dental Plan Organization Act in New Jersey.

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