



California

Promoting better health and lower costs.

UnitedHealthcare Navigate[®]

A focus on primary care and the patient-doctor relationship
for better access to quality, efficient care.



Providing the security and guidance of a primary care physician for members.

UnitedHealthcare Navigate plans offer comprehensive, patient-centered health care benefits. Upon enrollment, members choose a primary care physician (PCP), who helps them navigate the complex health care system and refers them to other network physicians or specialists when additional care is needed.

Members must obtain an electronic referral from their primary care physician before seeing another network physician.

And a variety of plan design options for employers.

UnitedHealthcare Navigate provides coverage for a wide variety of services:

- Doctor office visits
- Ambulatory patient services
- Emergency services
- Hospital care
- Lab services
- Pregnancy and newborn care
- Mental health and substance use disorder services
- Prescription drugs
- Rehabilitative services and devices
- Habilitative services and devices
- Preventive care services
- Wellness services
- Pediatric oral and vision services
- Chronic disease management

UnitedHealthcare Navigate

Benefit levels:

- Network benefits; single-tier benefit.

Network physician benefits with a prior electronic referral only:

- Prior electronic referral required for all physicians in this plan.

No non-network coverage, except for emergency care.



A trusted health care guide: the primary care physician.

Upon enrollment in any Navigate plan, members must select a primary care physician from the Navigate network. Primary care physicians can be general practitioners, family practitioners, internists, OB/GYNs or pediatricians. If members do not choose a primary care physician, one will be assigned to them. Each family member can choose a different primary care physician to manage his or her health care needs.

The primary care physician will provide care for the majority of a member's needs – routine care, such as annual well visits and preventive care, as well as care for sickness or injury.

Primary care physicians actively promote higher quality and efficient care for members by helping them get the appropriate care at the appropriate time. **Members must obtain referral from their primary care physician before seeing another network physician.**

Referrals are not required for services from a network OB/GYN, from network behavioral health and substance use disorder clinicians or for routine refractive exams from network providers. Certain inpatient and outpatient procedures require that the network physician obtain prior electronic authorization from UnitedHealthcare before the procedure is performed.

All health plan ID cards will carry the product name UnitedHealthcare Navigate. The name and telephone number of the member's primary care physician will be listed on the health plan ID card. Members should present their health plan ID card to their provider at every visit so their provider bills UnitedHealthcare correctly.

For more information, call your UnitedHealthcare representative today or visit [uhc.com](https://www.uhc.com).



For more information, call your UnitedHealthcare representative today or visit **uhc.com**.