



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.welcometouhc.com or by calling **1-855-828-7715**.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Network: \$6,500 Indiv / \$13,000 Family Per calendar year. Does not apply to services listed below as "No Charge".	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes, Network: \$6,500 Indiv / \$13,000 Family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of network providers , see www.welcometouhc.com or call 1-855-828-7715 .	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	Yes. An electronic approval is required to see a Network Specialist .	This plan will pay some or all of the costs to see a specialist for covered services but only if you have the plan's permission before you see the specialist .
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

Questions: Call **1-855-828-7715** or visit us at www.welcometouhc.com. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.cciio.cms.gov or www.dol.gov/ebsa/healthreform or call **1-866-487-2365** to request a copy.



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan only covers services if rendered by network **providers**. Exceptions include emergency services as described in your policy.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider with referral	Your Cost If You Use a Network provider without referral	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	0% co-ins, after ded	Not Covered	Not Covered	Primary Physician must be assigned. Includes network OB/GYNs - no referral required.
	Specialist visit	0% co-ins, after ded	Not Covered	Not Covered	Referrals must be from assigned Physician.
	Other practitioner office visit	0% co-ins, after ded	Not Covered	Not Covered	Cost Share applies for only Manipulative (Chiropractic) Services and is limited to 24 visits per policy period.
	Preventive care / screening/immunization	No Charge	Not Covered	Not Covered	Includes preventive health services specified in the health care reform law.
If you have a test	Diagnostic test (x-ray, blood work)	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None
	Imaging (CT/PET scans, MRIs)	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider with Referral	Your Cost If You Use a Network Provider without Referral	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.welcometouhc.com .	Tier 1 - Your Lowest-Cost Option	0% co-ins, after ded	0% co-ins, after ded	Not Covered	Provider means pharmacy for purposes of this section. Retail: Up to a 31 day supply. Mail-Order: Up to a 90 day supply. You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain drugs may have a Pre-Authorization requirement prior to dispensing or may not be covered. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. See the website listed for information on drugs covered by your plan. Not all drugs are covered unless medically necessary. Tier 1 contraceptives are covered at No Charge. If a dispensed drug has a chemically equivalent drug at a lower tier, the cost difference between drugs in addition to any applicable copay and/or co-ins may be applied.
	Tier 2 - Your Midrange-Cost Option	0% co-ins, after ded	0% co-ins, after ded	Not Covered	
	Tier 3 - Your Highest-Cost Option	0% co-ins, after ded	0% co-ins, after ded	Not Covered	
	Tier 4 (if applicable) - Additional High-Cost Options	Not Applicable	Not Applicable	Not Applicable	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% co-ins, after ded	Not Covered	Not Covered	None
	Physician/surgeon fees	0% co-ins, after ded	Not Covered	Not Covered	None
If you need immediate medical attention	Emergency room services	0% co-ins, after ded	0% co-ins, after ded	0% co-ins, after ded	Network Deductible applies.
	Emergency medical transportation	0% co-ins, after ded	0% co-ins, after ded	0% co-ins, after ded	Network Deductible applies.
	Urgent care	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None
If you have a hospital stay	Facility fee (e.g., hospital room)	0% co-ins, after ded	Not Covered	Not Covered	None

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider with referral	Your Cost If You Use a Network Provider without referral	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Physician/surgeon fee	0% co-ins, after ded	Not Covered	Not Covered	None
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	Outpatient Office Visits: 0% co-ins, after ded . All other outpatient Treatment: 0% co-ins, after ded	Outpatient Office Visits: 0% co-ins, after ded . All other outpatient Treatment: 0% co-ins, after ded	Not Covered	
	Mental/Behavioral health inpatient services	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None
	Substance use disorder outpatient services	Outpatient Office Visits: 0% co-ins, after ded . All other outpatient Treatment: 0% co-ins, after ded	Outpatient Office Visits: 0% co-ins, after ded . All other outpatient Treatment: 0% co-ins, after ded	Not Covered	
	Substance use disorder inpatient services	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None
If you are pregnant	Prenatal and postnatal care	No Charge	No Charge	Not Covered	None
	Delivery and all inpatient services	0% co-ins, after ded	Not Covered	Not Covered	None
If you need help recovering or have other special health needs	Home health care	0% co-ins, after ded	0% co-ins, after ded	Not Covered	Limited to 100 visits per policy period.
	Rehabilitation services	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None
	Habilitative services	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider with referral	Your Cost If You Use a Network Provider without referral	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Skilled nursing care	0% co-ins, after ded	0% co-ins, after ded	Not Covered	Limited to 100 days per policy period (combined with Inpatient Rehabilitation) .
	Durable medical equipment	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None
	Hospice service	0% co-ins, after ded	0% co-ins, after ded	Not Covered	None
If your child needs dental or eye care	Eye exam	No Charge	No Charge	Not Covered	One exam every 12 months.
	Glasses	0% co-ins, after ded	0% co-ins, after ded	Not Covered	One pair every 12 months.
	Dental check-up	No Charge	No Charge	Not Covered	Cleanings covered 2 times per 12 months. Additional limitations may apply.

Excluded services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)				
• Cosmetic surgery	• Dental care (Adult)	• Long-term care	• Non-emergency care when traveling outside the U.S.	• Private-duty nursing
• Routine foot care	• Weight loss programs			

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)				
• Acupuncture	• Bariatric surgery	• Chiropractic care - 24 visits per year	• Hearing aids - 1 every 3 years; \$2500 per year	• Infertility treatment - \$2000 lifetime
• Routine eye care (Adult) - 1 exam every year				

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-747-1019. You may also contact your state insurance department, the

U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact us at 1-855-828-7715 ; or the Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

You may also contact the California Department of Insurance, Consumer Communications Bureau Health Unit, 300 South Spring Street, South Tower, Los Angeles, CA 90013 or at 1-800-927-HELP (4357), 1-800-482-4833 TDD or at www.insurance.ca.gov. Additionally, a consumer assistance program can help you file your appeal. Contact the California Department of Insurance at the contact information provided above.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-828-7715 .

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-828-7715 .

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-828-7715 .

Navajo (Dine): Dinek'ehgo shika at' ohwol ninisingo, kwijjigo holne' 1-855-828-7715 .

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$1,040**
- **Patient pays \$6,500**

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$6,300
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$200
Total	\$6,500

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$260**
- **Patient pays \$5,140**

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$5,100
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$40
Total	\$5,140

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.
- If other than individual coverage, the Patient Pays amount may be more.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

x No . Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

x No . Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes . When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ Yes . An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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