Coverage Period: Based on group plan year

Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.welcometouhc.com/uhcwest or by calling 1-800-624-8822. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-800-624-8822 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>participating providers</u> \$2,500 individual / \$5,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, premiums, balance-billing charges, optional addenda, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.welcometouhc.com/uhcwest or call 1-800-624-8822 for a list of participating providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use a <u>non-participating provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (balance billing). Be aware, your <u>participating provider</u> might use a <u>non-participating provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, written or oral approval is required, based upon medical policies.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$20 <u>copay</u> / office visit and No charge / Virtual visits by a designated virtual <u>participating</u> <u>provider</u>	Not covered	If you receive services in addition to office visit, additional copayments or coinsurance may apply.
If you visit a health care provider's office or clinic	Specialist visit	\$40 <u>copay</u> / visit	Not covered	Member is required to obtain a referral to specialist or other licensed health care practitioner, except for OB/GYN Physician services, reproductive health care services within the Participating Medical Group and Emergency / Urgently needed services. If you receive services in addition to office visit, additional copayments or coinsurance may apply.
	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Lab \$20 <u>copay</u> / test Radiology (Standard) \$20 <u>copay</u> / test	Not covered	None
, 5 2 11210 2 1001	Imaging (CT/PET scans, MRIs)	\$150 <u>copay</u> / test	Not covered	

Common Medical Event	Services You May Need	What You W Participating Provider (You will pay the least)	/ill Pay Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to	Tier 1	\$5 copay / prescription retail \$10 copay / prescription mail order \$5 copay / specialty drugs	Not covered	Participating Provider means pharmacy for purposes of this section. Retail: Up to a 31 day supply. Mail-Order: Up to a 90 day supply. You may need to obtain certain
	Tier 2	\$20 <u>copay</u> / prescription retail \$40 <u>copay</u> / prescription mail order \$150 <u>copay</u> / <u>specialty drugs</u>	Not covered	drugs, including certain specialty drugs, from a pharmacy designated by us. When applicable: Mail-Order Specialty drugs - Up to a 31 day supply. All limits are
treat your illness or condition  More information about prescription drug	Tier 3	\$50 <u>copay</u> / prescription retail \$100 <u>copay</u> / prescription mail order \$250 <u>copay</u> / <u>specialty drugs</u>	Not covered	unless adjusted based on the drug manufacturer's packaging size, or based on supply limits. <u>Copayment</u> Maximum of \$250 ("Cap") for
coverage is available at www.welcometouhc.com/uhcwest.	Tier 4	25% coinsurance / prescription retail up to a \$250 copay max per prescription 25% coinsurance / prescription mail order up to a \$500 copay max per prescription 25% coinsurance / specialty drugs up to a \$250 copay max per prescription	Not covered	up to a 31 day supply of an orally administered anticancer medication for a plan design not defined as a High Deductible Health Plan regardless of any Deductible. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. See the website listed for information on drugs covered by your plan.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$200 <u>copay</u> / admit	Not covered	None
	Physician/surgeon fees	No charge	Not covered	<u> </u>
	Emergency room care	\$250 copay / visit	\$250 <u>copay</u> / visit	Copayment waived if admitted.
If you need immediate medical attention	Emergency medical transportation	\$100 <u>copay</u> / trip	\$100 <u>copay</u> / trip	None
	Urgent care	\$20 <u>copay</u> / visit	\$75 <u>copay</u> / visit	If you receive services in addition to urgent care, additional copayments or coinsurance may apply.
If you have a hospital	Facility fee (e.g., hospital room)	\$300 <u>copay</u> / day	Not covered	Copayment applies to a maximum of 3 days per stay.
stay	Physician/surgeon fees	No charge	Not covered	None

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information	
If you need mental health, behavioral	Outpatient services	\$20 <u>copay</u> / office visit and \$150 <u>copay</u> for all other outpatient services	Not covered	None	
health, or substance abuse services	Inpatient services	\$300 <u>copay</u> / day	Not covered	Copayment applies to a maximum of 3 days per stay.	
	Office visits	No charge	Not covered	Cost sharing does not apply to certain preventive services. Routine pre-natal care	
	Childbirth/delivery professional services	No charge	Not covered	and first postnatal visit is covered at No charge.	
If you are pregnant	Childbirth/delivery facility services	\$300 <u>copay</u> / day	Not covered	Copayment applies to a maximum of 3 days per stay. Depending on the type of services, additional copayments or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	\$20 <u>copay</u> / visit	Not covered	Limited to 100 visits per year. Limit does not apply to home health visits for rehabilitation and habilitation purposes.	
If you need help	Rehabilitation services	\$20 <u>copay</u> / visit	Not covered	None	
recovering or have other special health	Habilitative services	\$20 <u>copay</u> / visit	Not covered	1.6.16	
needs	Skilled nursing care	\$300 <u>copay</u> / day	Not covered	Copayment applies to a maximum of 3 days per stay. Up to 100 days per benefit period	
	Durable medical equipment	\$70 <u>copay</u> / item	Not covered	None	
	Hospice services	No charge	Not covered	If inpatient admission, subject to inpatient copayments or coinsurance.	
	Children's eye exam	No charge	Not covered	1 exam per year.	
If your child needs	Children's glasses	10% coinsurance	Not covered	One pair every 12 months.	
dental or eye care	Children's dental check-up	No charge	Not covered	Cleanings covered 2 times per 12 months.  Additional limitations may apply.	

# Excluded Services & Other Covered Services: Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)			
Cosmetic surgery	<ul> <li>Long-term care</li> </ul>	<ul> <li>Routine foot care</li> </ul>	
Dental care (Adult)	<ul> <li>Non-emergency care when traveling out</li> </ul>	utside the U.S. • Weight loss programs	
Infertility treatment	<ul> <li>Private-duty nursing</li> </ul>		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
Acupuncture	<ul> <li>Chiropractic care</li> </ul>	Routine eye care (Adult)	
Bariatric surgery	<ul> <li>Hearing aids</li> </ul>	• Routine eye care (Addit)	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies are: Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or <a href="https://www.dol.gov/ebsa/healthreform">www.dmhc.ca.gov</a>., or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">http://www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.dol.gov/ebsa/healthreform">Health insurance</a>. Marketplace.

For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>. visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: your human resource department, and the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/ebsa/healthreform">http://www.dol.gov/ebsa/healthreform</a>

Additionally, a consumer assistance program may help you file your <u>appeal.</u> Contact Department of Managed Health Care California Help Center, 980 9th Street Suite #500, Sacramento, CA 95814-4275 at 1-888-466-2219 or <u>www.dmhc.ca.gov</u>

#### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-624-8822.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-624-8822.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-624-8822.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-624-8822.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

# **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of <u>participating provider</u> pre-natal care and a hospital delivery)

■ The plan's overall deductible

Specialist copayment \$40

Hospital (facility) copayment \$300/day

Other coinsurance 10%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example. Peg would pay:	

in this example, reg ireala pay.		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$760	

# Managing Joe's Type 2 Diabetes

(a year of routine <u>participating provider</u> care of a well-controlled condition)

■ The plan's overall deductible
 ■ Specialist copayment
 ■ Hospital (facility) copayment
 ■ Other coinsurance
 \$0
 \$40
 \$300/day
 ■ 10%

#### This EXAMPLE event includes services like:

Primary care physician office visit
(including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

# Total Example Cost \$5,600

# In this example, Joe would pay:

Cost Sharing		
Deductibles	\$0	
Copayments	\$700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$700	

## **Mia's Simple Fracture**

(<u>participating provider emergency room</u> visit and follow up care)

■ The plan's overall deductible \$0
■ Specialist copayment \$40
■ Hospital (facility) copayment \$300/day
■ Other coinsurance 10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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### In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$700	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-800-624-8822.