



# Simplify your life.

Access doctors and therapists by phone, video, or app.



### **General Medical 24/7 - \$0 visit fee - Unlimited visits**

Speak to a licensed doctor by phone or video 24/7 from anywhere



### **Expert Medical Services - \$0 visit fee - Unlimited visits**

Receive a second opinion on an existing diagnosis and treatment for any condition



### **Mental Health - \$0 visit fee - Unlimited visits**

Talk to a therapist seven days a week from wherever you are



### **Neck and Back Care - \$0 visit fee - Unlimited Visits**

Relieve your back pain through guided videos with a certified health coach



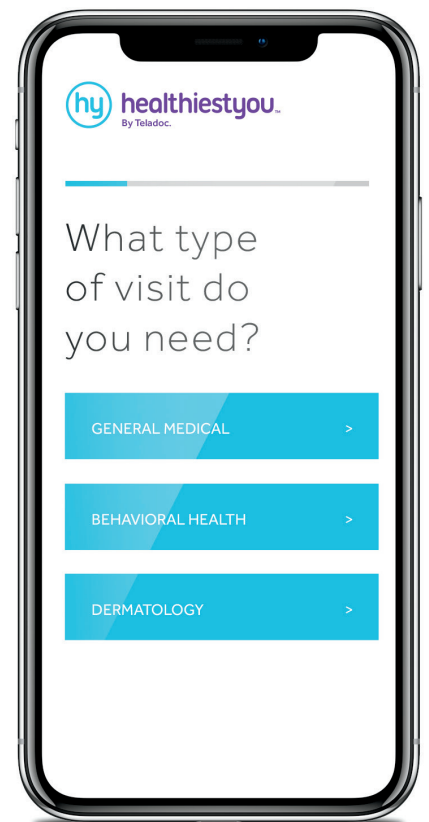
### **Dermatology - \$0 visit fee - Unlimited Visits**

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days



### **Nutrition - \$0 visit fee - Unlimited Visits**

Members work directly with registered dietitians who assess clinical nutrition needs and develop personalized programs including custom meal plans and shopping guides



To begin the enrollment process click here: [New Group Setup Form](#)

## Group Requirements FAQ

### **Who is eligible?**

All employees are eligible regardless of the number hours worked: full-time, part-time, furloughed.

### **What is the group size minimum?**

Two or more enrolled employees, regardless of group size.

### **What is the cost?**

Starts at \$16 per employee per month. The rate includes spouses and children at no additional cost.

### **Is there an employer contribution requirement?**

The employer can pay the entire per employee per month fee or can share the cost with the employee.

### **What forms of payment are accepted?**

Business check and ACH are the forms of payment accepted by HealthiestYou by Teladoc. Because this is a group product, we will bill the employer every month for all enrolled employees and expect to receive a single monthly payment. Many employers will payroll deduct the HealthiestYou per employee per month cost.

### **What is the enrollment process?**

**Step 1.** Fill out the online New Group Form.

**Step 2.** Sign the service agreement sent via DocuSign

**Step 3.** Upload the employee eligibility data via the following methods:

- Manual entry through our client portal (groups less than 25 enrolled lives)
- One-time census file
- EDI file feed (groups over 100+ enrolled lives)

### **How long is service agreement for?**

The service agreement is for 12 months. Upon anniversary, a group may terminate coverage with a letter identifying the requested date of termination.

## Services FAQ

### **What is telemedicine?**

The ability to connect to a doctor, dermatologist, or behavioral health provider from wherever you are via phone or video. The provider is able to prescribe medication as appropriate.

### **What is the HealthiestYou Complete Bundle?**

HealthiestYou by Teladoc is a mobile virtual care app providing convenient access to high-quality everyday healthcare services via phone or video. The HealthiestYou Complete Bundle includes:

- **General Medical** - Unlimited consultations with a doctor via phone or video 24/7/365.
- **Expert Medical Services** - Receive a second opinion on an existing diagnosis and treatment for any condition. Our experts are here to address any medical uncertainty you may have.
- **Mental Health** - Unlimited scheduled visits via phone or video with a mental health provider of your choice.
- **Back Care** - Relieve your back and neck pain with a personalized 4 to 8 week video-based stretching and exercise routine designed by a certified health coach from Telespine.
- **Dermatology** - Upload photos of your skin condition to the app and get a treatment plan from a dermatologist within two business days.
- **Nutrition** - Members work directly with registered dietitians who assess clinical nutrition needs and develop personalized programs, including custom meal plans and shopping guides as well as ongoing support.

### **What is the value to the employer?**

For employers looking to reopen and remain open with a healthy team, the HealthiestYou Complete Bundle is an affordable and robust benefit that provides a comprehensive suite of healthcare services and tools to help employees take control of their health.

### **What is the value to the employees?**

The HealthiestYou Complete Bundle provides access to a full line of high-quality virtual care services from a single app. The intuitive, easy-to-use platform also provides exclusive smart tools to help members compare procedure prices, find providers near their current locations, and remember to use the HealthiestYou app in their moments of need.

From a General Medical visit at 2 a.m., ongoing visits with a mental health provider, a dermatology consultation without a three-week wait, HealthiestYou is the complete solution to driving better healthcare decisions.

**Does this replace my group health insurance?**

No, HealthiestYou is not an insurance product and it does not meet the minimum requirements for coverage under the Affordable Care Act. HealthiestYou provides high quality healthcare services that can be offered to any employee, health insurance is not required.

**Can dependents access HealthiestYou?**

Yes, spouses and kids have access to the HealthiestYou services. Please note that Mental Health Care and Back Care are currently only available to members 18 years old and over.

**What reporting will be available?**

Detailed utilization reports are generated monthly for General Medical, Dermatology, and Behavioral Health Care.

**What support will I receive?**

All HealthiestYou groups receive a dedicated Client Success Manager who provides everyday support and will help develop a personalized marketing campaign to gain enrollment, engagement and utilization of the services.