

# THE ONLY COMPLETE TELEHEALTH & WELLNESS SOLUTION ON THE MARKET

"Patients treated through an e-visit paid 21 percent less than those treated with an office visit."

JOURNAL OF AMERICAN  
MEDICAL ASSOCIATION

## PHYSICIAN NETWORK

**97%** members who will use this service again

**93%** patients with issues resolved by healthiestyou

**95%** patients would recommend healthiestyou

## PERSONALIZED ONLINE WELLNESS

**74%** relieved stress levels

**61%** improved their sleeping

**50%** reported losing weight

**OVER 70%** of all ER, Urgent Care, and Doctor office visits can be safely and effectively handled over the phone.

Healthiestyou is not health insurance and we encourage all members to maintain adequate insurance from a responsible provider. Healthiestyou is designed to complement, and not replace, the care you receive from your primary care physician. Healthiestyou physicians are an independent network of doctors who advise, diagnose, and prescribe at their own discretion. Healthiestyou physicians provide cross coverage and operate subject to state regulations. Physicians in the independent network do not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. Healthiestyou does not guarantee that a prescription will be written. No prescriptions available in Oklahoma.