

Cigna Southern California Value Network

**AFFORDABILITY.
CONVENIENCE.
VALUE.**
IT'S ALL HERE.



When it comes to the health of you and your family, you're not about to cut corners to save. Now, you don't have to.

With Cigna's Southern California Value Network, you'll get an affordable health plan. One that gives you easy access to quality doctors and hospitals – close to where you live or work.

You'll get coverage for a wide-range of services to help you get well and stay well:

- Well visits, preventive care screenings and immunizations
- Sick visits, specialist, inpatient and outpatient care
- Nationwide emergency care
- Access to credentialed labs, x-ray and radiology centers, and dialysis centers

Plus personalized health and wellness support from Cigna – at no additional cost:

- Personalized health assessment report

- Discounts on popular health and wellness products and services
- Award-winning¹ online tools to help make informed health decisions
- All in one place on **myCigna.com** or via the **myCigna Mobile App**²

All delivered through one of the only health service companies providing true live 24/7/365 customer service – on the phone, online or on the go.

To find a doctor in the network, go to Cigna.com

- Click **"Find a Doctor"** at bottom of the page
- Click **"Select a Plan for your search"**
- Select **"Network, HMO, POS"**
- Choose **"Cigna HealthCare of California – So. CA Value"**
- Enter the requested details for your search
- Click **"Search"**



QUALITY CARE. CLOSE TO HOME OR WORK.

The Cigna Southern California Value Network features large, well-recognized medical groups in Los Angeles, Orange, Riverside, and San Bernardino counties – close to where you live or work. Here's a sample of the many groups included. For a complete list, visit the online directory on **Cigna.com** or **myCigna.com**.

HERITAGE PROVIDER NETWORK

Affiliated Doctors of Orange County
Bakersfield Family Medical Center
Desert Oasis HealthCare
Heritage Victor Valley Medical Group
High Desert Medical Group
Lakeside Medical Groups
Regal Medical Groups
Sierra Medical Group

PROSPECT MEDICAL GROUP

Citrus Valley Physicians Group
Daehan Prospect Medical Group
Nuestra Familia Medical Group
Prospect Gateway Medical Group
Prospect Genesis Healthcare
Prospect Health Source Medical Group
Prospect Medical Group
Prospect NWOC Medical Group, Inc.
Prospect Professional Care Medical Group

GO YOU[®]



Plan Highlights

You are required to choose a primary care physician (PCP) as your personal doctor to help coordinate care and act as a personal health advocate.



In-network means bigger savings.

For your care to be covered by the plan, you must choose a doctor who participates in the Cigna Southern California Value Network. If you choose to see a doctor outside of this network, your care may not be covered (except in the case of an emergency).



Referrals for specialist care and hospital admission.

Your Primary Care Physician (PCP) will refer you to a specialist or a primary admitting hospital when you need one.



myCigna.com

Your personalized website where you can review your plan coverage, manage and track claims, find estimates for medical procedures, and access wellness tools and resources.



24/7 service.

Whenever you need us, customer service representatives are available to take your calls. You can also call the Cigna 24-Hour Health Information Line to speak with a specialist trained as nurse over the phone, any time, day or night.



Emergency and urgent care.

When you need care, you have coverage 24 hours a day.



Discounts.

Enjoy Healthy Rewards^{®3} discounts on a variety of health and wellness-related products and services.

The Cigna Southern California Value Network

AFFORDABILITY.

CONVENIENCE.

VALUE.

IT'S ALL HERE.

Affordable, quality care that's close to where you live or work.

And designed to help you get well and stay well. Now that's what we call Value.



1. *Information Week* named myCigna.com online health care cost and quality capabilities a top-ten technology innovation of 2012 for its newly redesigned "Find Doctors and Services" search engine. September 12, 2012.

2. The downloading and use of the myCigna Mobile App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

3. Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states. Healthy Rewards is separate from your medical benefits. If your Cigna plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. **A discount program is NOT insurance, and the customer must pay the entire discounted charge.**

Exclusions and limitations: All health plans and health insurance policies have exclusions and limitations. This brochure outlines the highlights of your plan. A complete list of both covered and not covered services, including benefits which may be required by your state, are set forth in the applicable insurance certificate, evidence of coverage, group service agreement or summary plan description.

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