



# DESIGNED TELEHEALTH

POWERED BY ACEC LIFE/HEALTH TRUST



Designed TeleHealth gives Trust medical plan members 24/7 phone and online access to physicians to help them stay out of the doctor's office and on the go.

## CORE SERVICES INCLUDE:

- 24/7 unlimited access to on-call physicians who can diagnose, treat and prescribe medications for up to 70 percent of the most common non-emergency medical needs
- An app that instantly seeks, evaluates and connects members with more than one million top providers nationwide
- Continual support via ongoing member communications

## You Belong With Designed TeleHealth

### CONVENIENT, AFFORDABLE ACCESS

Did you know that in the course of a year, medical plan members will see the doctor about four times each for non-emergency medical conditions? In fact, the American Medical Association reported that as many as 70 percent of doctor's visits and 78 percent of ER visits could have been handled safely and effectively over the phone.

That's where TeleHealth comes in. It gives Trust medical plan members 24/7 access to care for many non-emergency medical conditions, such as allergies, the flu and minor aches and pains.

Best of all, every Trust medical plan member is automatically enrolled in the Designed TeleHealth program, including covered spouses and dependents, at no additional cost.

### POWERFUL TOOLS AT MEMBERS' FINGERTIPS

The HealthiestYou app also has many useful features:

- 24/7 access to board-certified doctors
- An exclusive radar tool that scans for doctors, pharmacies, urgent care centers and even vets nearby
- A bookmarking tool to help keep track of favorite providers
- The ability to get prescription pricing on more than 5,000 drugs at more than 10,000 pharmacies

The HealthiestYou app is available for download at [www.designedtelehealth.com](http://www.designedtelehealth.com).

## Next Steps

Follow these simple steps to get started:

### WHITELIST OUR EMAILS

Approve Designed TeleHealth on your email server to receive our emails and avoid them being blocked as spam.

### CONTINUALLY ENGAGE MEMBERS

Be sure to promote Designed TeleHealth by forwarding emails and marketing materials to members.

### ENSURE MEMBERS SET UP THEIR HEALTHIESTYOU ACCOUNTS

Encourage members to register online or via the app as soon as possible so they are ready to use the TeleHealth services when they get sick.

### LEAN ON YOUR HEALTHIESTYOU REPRESENTATIVE FOR SUPPORT

Feel free to contact Maya Abou-Eid at any time with questions.

GET STARTED TODAY! FOR MORE INFORMATION,  
PLEASE CONTACT MAYA ABOU-EID AT 480.454.1973  
OR [MABOU-EID@TELADOC.COM](mailto:MABOU-EID@TELADOC.COM).