

# WHERE YOU GO FOR CARE CAN AFFECT YOUR WALLET



Knowing your options can help you save time and money. A visit to the Emergency Room vs. Urgent Care can take longer and cost more. Consider your choices and find the right type of care for your situation.

	VIRTUAL CARE	PRIMARY CARE	URGENT CARE	EMERGENCY
COST	 No Copay	 \$	 \$\$	 \$\$\$
RECOMMENDED	Virtual care works great when you're a little sick or you're not sure if you really need to see your doctor.	Disease prevention, health maintenance, counseling, education, diagnosis and treatment of acute and chronic illnesses.	Non life-threatening illnesses or injuries that cannot wait until the next day to be treated.	For life-threatening injuries or illnesses.
EXAMPLES	<ul style="list-style-type: none"> <li>Deciding between PCP or Urgent Care</li> <li>Understanding Symptoms</li> <li>Clarifications on Prescriptions</li> </ul>	<ul style="list-style-type: none"> <li>Annual Physical</li> <li>Ear Pain/Sore Throat</li> <li>Allergy Management</li> <li>Hypertension and/or Diabetes Mgmt.</li> </ul>	<ul style="list-style-type: none"> <li>Cough/Fever</li> <li>Rashes/Minor Burns</li> <li>Small Cuts/Wounds</li> <li>Sprains/Strains</li> </ul>	<ul style="list-style-type: none"> <li>Shortness of Breath</li> <li>Intense Chest Pain</li> <li>Severe &amp; Sudden Stomach Pain</li> <li>Broken Bones</li> </ul>
LOCATION	Call Member Services at <b>(619) 365-4346</b> to schedule a same-day consultation.	Call Member Services at <b>(619) 365-4346</b> to make an appointment at Excel Hospital.	Excel Hospital or one of our 83 providers in California. Visit <a href="http://mediexcel.com">mediexcel.com</a> or call Member Services for a location near you.	In Mexico, go to <b>Excel Hospital</b> . In the U.S., call <b>911</b> or go to the nearest hospital.

When it's not an emergency, you have options that save you time and money. MediExcel members can check coverage, find doctors, urgent care providers and hospitals by downloading our [mobile app](#), or visiting [www.mediexcel.com](http://www.mediexcel.com).

